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NEWS RELEASE

**PLAINS CREEK FILES PRELIMINARY ECONOMIC ASSESSMENT ON SEDAR
FOR FARIM PHOSPHATE PROJECT, GUINEA BISSAU, WEST AFRICA**

September 13, 2012 – Vancouver, British Columbia: Plains Creek Phosphate Corporation (“**Plains Creek**”, the “**Company**”) (**TSX-V: PCP**) is pleased to announce that today it has filed on SEDAR its preliminary economic assessment technical report entitled, “Technical Report on the Preliminary Economic Assessment of the Direct Shipping Option of the Farim Phosphate Project, Guinea-Bissau, an NI 43-101 Report” dated effective September 5, 2012 (the “**PEA**”). This is the first step in the development of the GB Minerals AG Farim Phosphate Project located in Guinea Bissau, West Africa. The PEA was prepared by GBM Minerals Engineering Consultants Limited (“**GBMMEC**”) in conjunction with Golder Associates (U.K.) Ltd (“**Golder**”), all of whom are independent of the Company.

For further information please contact:

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ON BEHALF OF THE BOARD

(Signed) “Carson Phillips”

Carson Phillips
Vice-President, Corporate Development and Director

About Plains Creek Phosphate Corporation

Plains Creek Phosphate Corporation is a Canadian mining and exploration company focused on advancing the Farim Phosphate Project located in Guinea-Bissau, West Africa. The Farim Project currently comprises a phosphate deposit consisting of one continuous flat lying phosphate bed with a Mineral Resource estimate disclosed in the PEA in accordance with NI 43-101 that defines a Measured Resource of 64.6 Mt at an average grade of 29.11% P₂O₅, an Indicated Resource of 28.1 Mt at an average grade of 27.68 % P₂O₅ and an Inferred Resource of 18.3 Mt at an average grade of 28.66 % P₂O₅. The PEA has been filed on SEDAR and is available under the Company’s profile at www.sedar.com.

The Company’s shares are listed on the TSX Venture Exchange under the trading symbol “PCP”. For additional information, please visit us at www.plainscreek.com.

Cautionary Statement

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